

### ABSTRACT OF THE DISCLOSURE

A light support comprising a base plate and a light-carrying plate comprising a proximal end mounted to the base plate and being adapted for mounting a light thereon. The base plate comprises an anchoring element, an anti-tipping assembly and a concave support-mounting face. The anchoring element is adapted to be anchored within a penetrable material. The support mounting face co-acts with a surface on which the light support is mounted to. The light support further comprises an auxiliary element that comprises an auxiliary mounting element or an auxiliary anchoring element that can be moveable or stationary.